

NOVEMBER 2016

STAFF

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VAN DRIVERS

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ARNOLD F. HABIG COMMUNITY CENTER

OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546

Phone: 812-482-4455

Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 11:15 Blood Pressure Checks 12:00 BINGO ***3pm-money due for Derby Dinner ***	2 9:00 - 10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Phase 10	3 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	4 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hand & Foot	5
6 Center Open 1 - 4	7 9:00 Exercise Class 9:45 Exercise Class 12:30 Dominoes	8 12:30 Scrabble 12:30 Tripoley ELECTION DAY	9 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Golf	10 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	11 CLOSED 	12
13 Center Open 1 - 4	14 9:00 Exercise Class 9:45 Exercise Class 12:30 Texas Holdem *3 pm- Reservations due for Catered Meal**	15 11:15 Blood Pressure Checks 12:00 BINGO	16 * 8:45 Leave Armory for Tropicana* 9:00 - 10:30 Free Computer Assistance 12:30 Mah Jongg	17 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	18 8:30 Mah Jongg 10:00 Singing Seniors at Good Samaritan 12:30 Pay Me *3pm-Reservations due for Boomerama	19
20 Center Open 1 - 4	21 9:00 Exercise Class 9:45 Exercise Class 12:00 Boomerama 12:30 Hearts	22 11:00 Catered Meal Brunch 12:30 Scrabble 12:30 Phase 10 *3pm-RSVP Lunch Bunch	23 9:00 - 10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Tripoley	24 CLOSED THANKSGIVING DAY 	25 CLOSED	26
27 Center Open 1 - 4	28 9:00 Exercise Class 9:45 Exercise Class 12:30 Golf	29 11:15 Blood Pressure Checks 12:00 BINGO	30 9:00-10:30 Free Computer Assistance 11 am Lunch Bunch 12:30 Mah Jongg 12:30 Dominoes			

NOVEMBER HOMEBOUND 2016

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Dubois, Daviess, Martin, Pike, GENERATIONS NUTRITION, Menu subject to change without notice.
Meals served with milk and margarine. Phone number for meals (812)367-2990

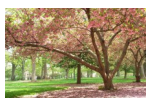
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Ham & Potato Casserole Peas & Carrots Spiced Pears Wheat Bread	2 Chili Hot Peaches Crackers PBJ Sandwich	3 Sausage Gravy Hashbrowns Stewed Tomatoes Fresh Fruit Biscuits	4 Chicken Pot Pie Green Beans Hot Apples Graham Crackers	5
6	7 Ham & Beans Cornbread Mixed Greens Oatmeal Pie	8 Parmesan Chicken Yam Patties Winter Blend Vegetables Grape Juice Wheat Bread	9 Salisbury Steak/Gravy Mashed Potatoes Green Beans Pudding Wheat Bread	10 Chicken & Dumplings Brussel Sprouts Carrots Raisins Wheat Bread	11 Grilled Cheese Soup Peaches Crackers Cookie	12
13	14 Hot Dog Baked Beans Steamed Cabbage Pineapple Bun	15 Smokey Riblets Corn Broccoli Granola Bar Wheat Bread	16 Chicken/Dressing Mashed Potatoes Green Beans Cranberry Juice Bread	17 Teriyaki Chicken Sliced Potatoes Butter Beans Pears Wheat Bread	18 Chicken Salad Peaches Salad Shredded Lettuce Potato Chips Wheat Bread	19
20	21 Country Fried St/Gravy Mashed Potatoes Vegetable Blend Mandarin Oranges Wheat Bread	22 Hamburger/Cheese Potatoes Hot Pears Coles Slaw Bun	23 Lasagna Roll Up Hot Applesauce Green Beans Graham Cracker Wheat Bread	24 CLOSED 	25 CLOSED	26
27	28 BBQ Chicken Winter Blend Cheese Potatoes Grape Juice Wheat Bread	29 Meatloaf Mashed Potatoes Corn Cookie Wheat Bread	30 Sloppy Joe Diced Potatoes Peas Pineapple Juice Bun			

AVAILABLE DAILY AT THE CENTER



WALKING In climate-controlled banquet room, twenty-five (25) laps equals a mile.
Monday - Friday from 8 a.m. until 3:45p.m.

OUTSIDE WALKING TRAIL Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Fall weather.

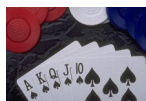


FITNESS ROOM Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



CARDS

Card tables available for your use on a daily basis.



BILLIARDS/POOL Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



RAINBOW MESSENGER NOVEMBER, 2016

COMPUTER LAB The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



PUZZLES We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.

REGULAR SCHEDULED ACTIVITIES

TLC CLASS (Tender Loving Crafts)

We would to thank Betty Hoffman for teaching 13+ years of craft classes at the Older American Center. Best wishes to you, Betty, on your retirement!!

SINGING SENIORS Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at Good Samaritan on Friday, November 18th, at 10 am.



BLOOD PRESSURE CHECKS Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays November 1st, 15th and 29th.**



BINGO Will be played at **12 p.m. Tuesdays, November 1st, 15th and 29th.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

EXERCISE CLASS Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



EXERCISE CLASS For more of a challenge, come in **at 9:45 a.m. on Monday & Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.

CARD TOURNEYS



- **Thursday, November 3rd**
Cinch Tourney
- **Thursday, November 10th**
Rum Tourney
- **Thursday, November 17th**
Sheephead Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

TEXAS HOLDEM Will be played **Monday, November 14th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**

DOMINOES The Mexican Train version will be played at **12:30 p.m. on Monday, November 7th and Wednesday, November 30th.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**

PAY-ME A game similar to Rum but played with 3 decks of cards, including the jokers will be played at **12:30 p.m. Friday, November 18th.** Please let us know by 10 a.m. if you are coming in to play.

TRIPOLEY Bring your pennies to play Tripoley at **12:30 p.m. Tuesday, November 8th and Wednesday, November 23rd.** We have a lot of fun! **Please call in by 10 a.m. game day if you would like to play.**



SCRABBLE How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesdays, November 8th and 22nd.** **Please sign-up by 10 a.m. game day if you plan to attend.**

PHASE-10 Will be played Wednesday, November 2nd and Tuesday, November 22nd at **12:30 p.m.** It is a fun easy card game, **Please call in by 10:00 a.m. if you would like to play.**

HEARTS We will play at **12:30 p.m. Monday, November 21st.** This game is easy to learn and very enjoyable. **Call in by 10:00 a.m. if you will be able to play.**

GOLF The card game will be played **Wednesday, November 9th and Monday, November 28th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. to sign up.**

HAND AND FOOT A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Friday, November 4th and Thursday, November 17th** at 12:30 p.m.

Please call in by 10:00 a.m. if you would like to play.

MAH JONGG Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday please call in by 10 a.m. to let us know.** New players welcome.

BRIDGE Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812)482-3299 or Mary Ann Seng at (812) 482-1101.

SPECIAL ACTIVITIES

**** ALL ACTIVITIES AND TRIPS ARE ONLY FOR DUBOIS COUNTY RESIDENTS 55 YEARS OF AGE, AND OLDER.**

WHEN SIGNING UP FOR TRIPS, ONLY 4 INDIVIDUALS PER SIGN UP. THANK YOU.

LUNCH BUNCH

Join us at MAC-A-DOO'S on Wednesday, November 30th at 11:00 a.m. Their plate lunch special features fried chicken—dark is \$7.00 plus tax & drink. They also have chili and chicken noodle soup. Or, if you prefer, you may order off the menu. As always the meal is “dutch treat”. **Reservations are due to the Center by 3:00 pm on Tuesday, November 22nd.**



CATERED MEAL

This month we're having a brunch on Tuesday, November 22nd, at 11:00 am. Catering by Meyer will provide the menu, consisting of: Biscuit & gravy, Scrambled eggs and bacon OR sausage, decaf coffee and orange juice for \$7.00. **Reservations are due to the Center by 3:00 p.m. Monday, November 14th.**



BOOMERAMA

Will be held, Monday, November 21st at 12:00 noon for Boomerama. Kathy Burton, from Memorial Hospital will conduct a table-top discussion on Advanced Directive wishes. Cost is \$5.00 for lunch, otherwise, the speaker is free. RSVP by Friday, November 18th by 3:00 pm if you would like to attend.

BOOK CLUB

On Thursday, November 10th, at 12:30 pm, we will be discussing “*A REASON TO LIVE*” by Matthew Iden, a Marty Singer mystery. The December book is “*HOPE TO DIE*” by James Patterson. This book is about Detective Alex Cross being stalked by Thierry Mulch, who has kidnapped his family. Why did Thierry kidnap them? How far will Detective Cross go to get them back? Join us to share your opinion on this book. New members are always welcome. (Meeting in The Library at the Center)



BIRTHDAY & ANNIVERSARY

We will no longer be publishing birthday and anniversaries in the newsletter. If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the date. Thank you!!

BOOK SHELF

The books are located downstairs in The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



SUNDAYS

The Center is open from 1:00 to 4:00 p.m. for card playing only. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

****SAVE THE DATE!
THE HOLIDAYS
ARE RIGHT
AROUND THE
CORNER!***



HABIG CENTER CHRISTMAS PARTY

You are invited to our annual Christmas Party on **Wednesday, December 14th**. Activities begin with a meal at 12:00 noon, prepared by Mill House Restaurant and Catering. The menu will include Pecan chicken tenders, scalloped potatoes, California medley with cheese on the side, house salad with choice of 2 dressings, wheatberry bread, cookie, and unsweetened iced tea, or decaf coffee.

Entertainment will be provided by the Singing Seniors, and prizes will be given out as well!

The cost for the day will be \$11.00. Be sure to get your reservation and money into the Center by 3:00 pm on Tuesday, December 6th.

A shuttle will run every 15 minutes from the Jasper Armory parking lot to the front door of the Center, from 10:00 am until 3:00 pm. **We hope you will take advantage of our “Valet Service”.**

TRIPS

****There is a \$25.00 charge for all returned checks****

TROPICANA CASINO Wednesday, November 16th

We will leave the Jasper Armory at 8:45 a.m. with pick-ups at the Huntingburg Methodist Church upon request. You will receive \$8.00 slot credit and a free buffet meal. Be sure to bring your driver's license or government issued ID to claim your winnings.

DECEMBER DERBY DINNER PLAYHOUSE Thursday, December 1st

We are attending their Christmas show, and will be leaving the Jasper Armory at 9:30 am.—PLEASE NOTE THE TIME CHANGE from previous newsletter! Pick-ups in Huntingburg upon request. Sign-ups were taken October 11th, with the cost of the trip being \$65.00 for the show, meal and transportation. ***Money is due by 3 pm, Tuesday, November 1st.** (see notice below regarding Ferdinand pick-ups)

NOTICE

Our trips will now be leaving from the Jasper Armory.

Due to construction on the 1-64 bridge at Ferdinand slated through May of 2017, we will be picking up in Jasper and Huntingburg only.

CENTER CLOSINGS

VETERAN'S DAY—The center will closed **Friday, November 11th** in observance of Veteran's Day.

THANKSGIVING—The center will closed **Thursday, November 24th**, and **Friday, November 25th** for Thanksgiving.



RECIPE EXCHANGE

NO FAIL PIE CRUST

3 Cups flour
1 Cup lard (room temp)**
1 egg
1 tsp salt
5 TBSP water

****Sanders is the only place to get regular lard without additives!**

Submitted by Carol Cooper

Recipes, cont'd:



BUNDT CAKE

1 Box Cake mix
6 OZ container of yogurt
4 eggs

Mix together, pour in bundt pan and bake at 350 for 35 minutes. (use whatever flavors you like)

Submitted by Suzanne Neukam

BACON-CHEESE CHICKEN

4 Chicken breasts
-Wrap 2 pieces of bacon around each breast
-Lay 2 swiss cheese slices over chicken
-Mix together: 1 can cream of chicken soup
1 stick melted butter
1/2 Cup white wine
-Pour over chicken
-Sprinkle with cracker OR bread crumbs
Bake at 350 for 1 1/2 hours
Spoon over cooked noodles

Submitted by Phyllis Ackerman

Have a good recipe to share? We would be happy to publish it, space permitted. It is best to use shorter recipes, and please include your name for proper credit.

HUNTINGBURG SENIOR CENTER

Call the Center at 683-2994 to make reservations for the Card Tournaments held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



There will be Bingo all 4 Wednesdays, in November, at 1:00 pm.



The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	

Deer in the Headlights - A card & dice game. Several have learned to play this and really enjoyed it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Memorial Gym is open for walking, beginning October 31. Hours are Mon—Fri 5:00 am to 1:30 pm, and Saturday 7:00 am to 11:00 am.

CHRISTMAS PARTY!

Thursday, December 1.
Cost is \$5. **Reservations and payment due by November 17.** Catered meal at noon.



CARRY-IN LUNCH

Thursday, November 10. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



BOWLING: Join **THE SENIOR FUN GROUP** every Tuesday and Friday at 1:00 at **Breakaway Lanes**, 104 E. 13th St, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. Free coffee and popcorn.

Trips: The following trips are planned for the 2017-18 season:

1. **Grapevine, TX**, April 20-25, 2017, for \$899 per person (double occupancy). Anyone over 18 welcome to go. See flyers for more details or call the Huntingburg Senior Center at 812-683-2994. **Reservations and down payment of \$100 due by Jan. 9th.**
2. **Pennsylvania Amish Lands**, July 18-22, 2017. 3 days, 2 nights for \$519. Includes "Jonah" at Sight and Sound Millennium Theater.
3. **Cape Cod, MA**, Oct 1-7, 2017. 7 days, 6 nights for \$749.
4. **Caribbean Cruise** aboard the Norwegian Getaway, Feb. 4-11, 2018 from \$1909 up.

Contact Rita Reller at the Huntingburg Center, 812-683-2994 for more information.

NOVEMBER BIRTHDAYS

Betty Schaefer - 14
LaVerne Hanebutt - 15
Rita Sermersheim - 18
Loretta Steineker - 21
Clesta Stetter - 21

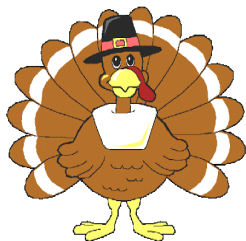


BOOKS: There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others.




Puzzle: We have one started, come in and help put it together!

* We are working on a cookbook. If you have recipes to share, contact Rita.



NOVEMBER 2016

HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 1:00 Bowling	2 1:00 BINGO Sponsor: Southern Care Hospice 2:00 Cards & Games	3 10:00 Crafts 12:30 Cards & Games	4 1:00 Bowling	5
6	7 12:30 Cinch Tourney Sponsor: Brookside	8 1:00 Bowling	9 1:00 BINGO 2:00 Cards & Games	10 12:00 Carry-In Lunch Sponsor: St. Charles 1:00 Cards & Games	11 1:00 Bowling	12
13	14 12:30 Euchre Tourney Sponsor: The Timbers	15 1:00 Bowling	16 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	17 10:30 A&B Fire Safety Presentation 12:30 Cards & Games	18 1:00 Bowling	19
20	21 12:30 Cinch Tourney Sponsor: Northwood	22 1:00 Bowling	23 1:00 BINGO Sponsor: The Waters 2:00 Cards & Games	24 CLOSED 	25 1:00 Bowling	26
27	28 12:30 Euchre Tourney Sponsor: Willowdale	29 1:00 Bowling	30 11:00 Heart to Heart Founda- tion Presentation 1:00 Bingo 2:00 Cards and Games			